

LAKES AREA HOSPICE

Serving Jasper, Newton, Hardin, Sabine, Tyler, San Augustine, Polk, Angelina, Orange, Shelby, Panola, Liberty and Jefferson Counties for 15 years... Vol. 9/10



SEPTEMBER - 2010

VOLUNTEERS



Jerry Bratsch

Jerry Bratsch is one of our newer volunteers. He is retired from Southwestern Bell in Beaumont and lives at Toledo Bend. Following a vacation with his children to Paris this spring, he has been busy with the Hope Family. This picture was taken at

the Belle Jim several weeks ago when the Hope Family helped Pat & David Stiles celebrate the 100th birthday of the hotel.

Jerry also volunteers at Project Share once a week and travels as often as possible. As this newsletter goes to print, he is somewhere in Colorado enjoying the weather, mountains and fishing.



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"Passages In Caregiving" by Gail Sheehy

No one really expects it but at some time or another, just about everyone has been - or will be - responsible for giving care, for a sustained period, to someone close to them. Gail Sheehy, who has chronicled every major turning point for twentieth-century Americans, as well as reported on everything from politics to sexuality, knows firsthand the trials, fears, and rare joys of caregiving. In *Passages In Caregiving*, she takes you by the hand and shows you that you will get through this, and you will do the right things.

Like the 44 million other Americans caring for an ill or elderly person in their homes, prolific writer Sheehy looked after her late husband Clay Felker while he battled cancer for more than a decade. Having already chronicled almost every stage in baby boomer life (most notably in 1976's *Passages*), Sheehy offers an empathetic, well-researched guide to an unfamiliar, often scary role to which boomers are being initiated, outlining eight stages of caregiving from "Shock and Mobilization" to "The Long Good-Bye." Along with doctors and nurses, home caregivers have become the backbone of the American health-care system, and an increasingly important part of a patient's decision-making team.

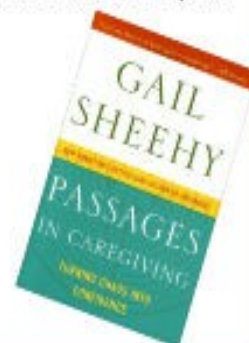
Passages In Caregiving points out that you don't have to be alone in this process. Included are countless resources and names of advocacy groups that are there to help even the most complicated of situations, many of which are woefully underutilized. Sheehy answers the most important questions to consider. How serious is it? What do I ask the doctor? How will this be paid for?

What are our options? She also offers new tips and strategies that you might not have heard about before. *Passages In Caregiving* can help turn a stressful, life-altering situation into a journey that can be safely navigated and from which everyone can benefit.

While not all options are available to everyone who reads this book, the intent of the options is always available with the use of a little imagination and forethought.



PREPARED?



MUSCADINES IN JASPER



Have you gone by to see Bill Talcott's muscadines? They're ripening now and Bill and friends are busy picking and freezing. Bill is freezing enough to take to the Master Gardeners booth at the Fall Fest Oct. 2 at the Humphrey Pavilion at Rayburn. "Stomping grapes" may take on a new meaning after the Festival. Hundreds and hundreds of pounds of muscadines are also being trucked off to the canning plant.





SEPTEMBER - 2010



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>CLASSROOM HUMOR</i> - When asked for her occupation, a woman charged with a traffic violation said she was a school teacher. The judge rose from the bench. "Madam, I have waited years for a schoolteacher to appear before this court," He smiled, "Now, sit down at that table and write 500 times, "I will not pass through a red light."</p>			<p>LAH Staff Meeting 8:30 am</p>	<p>2 Livingston @ Jasper</p> 	<p>3 Canoe Basics Hen House Canoe Dock</p> <p>Farmers' Market</p>	
<p>5 LABOR DAY</p> 	<p>7</p>  <p>Jeanette to Austin - 2MPHA</p>	<p>8 ROSH HASHANAH</p> 	<p>9 Trail of Tears Day</p> 	<p>10 Houston Worthington @ Jasper</p> 	<p>11 Farmers' Market</p> <p>PATRIOT DAY</p> 	
<p>12</p>	<p>13</p>	<p>14 LAH THRIFT STORE 1 yr. Anniversary at new location on Hwy 96</p>	<p>LAH VOLUNTEER INSERVICE & TRAINING 8:30am AM</p>	<p>16</p>	<p>17 Jasper @ W. Orange Stark</p> 	<p>18 Farmers' Market</p>
<p>19</p>	<p>20</p>	<p>"Caring Friends" Luncheon Belle Jim Hotel 11:00 am Christi Pickle "Getting Ready for the Fall Garden"</p>	<p>AUTUMNAL EQUINOX (Yes, it is!) 11:09 pm</p> 	<p>23 HOPE FAMILY @ The Orchard 1:30 pm</p>	<p>24 Jasper @ Silsbee</p> 	<p>25 Farmers' Market</p> <p>Nat'l Boys' & Girls' Club Day for Kids</p> 
<p>26</p>	<p>27 World Tourism Day - Visit Your Local Chamber of Commerce</p> 	<p>28 LAH BOARD MEET. 4:00 PM</p> 	<p>29 VFW DAY 1899 - 2010</p>	<p>30</p>	<p>HAPPY BIRTHDAY -</p> <p>Jack Meyers - 9/13</p> <p>Paula Moore - 9/16</p> 	

THRIFT STORE SALE

Dyann Cole, Manager, of the LAH Thrift Store says that there will be a 50 CENT SALE at the store during the month of September. All clothing with a YELLOW or WHITE tag will only cost 50 cents. Summer or winter clothing, large sizes or small will all go for 50 cents a piece if each garment has a yellow or white tag.



CLINICAL ONCOLOGY WEEK, (08/09/10)

Research with surrogate healthcare decision makers revealed several strategies that caregivers use in order to make decisions and not become overwhelmed. "These paradoxical strategies included putting the care manager's own life on hold / maintaining essential personal activities, taking one day at a time / planning ahead, and being intentionally tolerant / setting limits." The researchers also said, "In addition to use of these stabilizing strategies, participants found that having a trusted other to talk with about their uncertainties was critical to sustaining them in their care management role."

OPRAH WINFREY

The Oprah Winfrey Network (OWN) has announced that it will produce a film, "One Last Shot." The movie will star Forest Whitaker, and "documents an extraordinary hospice program where hardened criminals care for their dying fellow inmates." Whitaker says, "One Last Shot" reveals the humanity that exists inside each and every one of us." He adds, "In the Angola prison's hospice, we meet inmates who decide to take an opportunity for redemption, reminding us of the connection that exists between each and every human being." (Health and Medicine Week, 8/9)



MEMORIALS

(7/15 - 8/15)

BILLY JOE ARMSTRONG -
Curtis United Methodist Church

JAMES M. BATES -
Heather, Damon, Grant & Colin Davis
Mary & Austin Hill

DON CARTER -
Carolyn & Joe Knight

WILLIAM COGBILL -
Jackie & Ennis Love
Barbara Roberts
Curtis United Methodist Church
Newton Masonic Lodge #136

CHESTER COX -
The Darrell Family

BILL EDDY -
Shirley & M.J. Clark
Linda Lou Rhodes Jones

D. W. FERGUSON -
Gayle Ferguson

JIMMIE GUNTER -
Beverly & J.M. Wilson

"BUCK" HERNDON -
Carolyn & Joe Knight

GLADIES KELLEY -
Nola Payne
Vicki Payne
Jeanette & Gene Pitman
T. J. Shelton
Tammy & Mike Gerard

LOUIS KEHTEL -
Dorothy & David Kehtel

ROBERT LANE -
The Darrell Family

CURTIS PALMER -
Florence Soisson

WAYNE PICKERING -
Mary Anne & Jerry Nobles
Jessie Wood & Family
Jasper Newton Electric Coop., Inc.

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BILLY PRIMROSE -
Ann Smith
City of Jasper
Curtis United Methodist Church

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Florence Soisson

NELLIE REED -
Ann Smith
Bonnie & Rufus Williams

TOY SHELTON -
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Tammy & Mike Gerard

FRANK C. STROTHER -
Bill L. Dover Company, Inc.

JEFFERY WALKER -
Melba & Thomas Inman

LISA WILSON -
Beverly & J.M. Wilson

*** It is never our intention to overlook or misprint any memorial or contribution. I'm sure from time to time we make mistakes, and we welcome having them brought to our attention. What better way to know you read us than to have you call with information, advice or corrections. Thank you for your gifts and your help.

CONTRIBUTIONS

S. D. Power
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Nina Messersmith
Seekers Class - FUMC
The Martha Class - Hillcrest Baptist Church
ECW - Trinity Episcopal Church
VBS - Central Baptist Church,
Kirbyville



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LABEL

WISH LIST - Thank you, thank you for the fans. They have been a big help to those needing more cooling. Your thoughtfulness and generosity for our patients is very gratifying. This month we're looking for the 4 oz. bottles of hand sanitizer and body lotion. The large bottles of sanitizer are difficult to manage but the 4 oz. bottles fit the hand well. Thank you again.

LAH relies on the generosity of the communities we serve. A donation goes a long way to help us supply those needs some families can't afford. Please make your checks payable to Lakes Area Hospice or online at www.lakesareahospice.org.
All gifts are tax deductible.

NAME OF DONOR: _____

ADDRESS: _____
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Enclosed is my gift: \$ _____ (In Memory of) (In Honor of) (Birthday) or other (Special Occasion) for:

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